

MISSIONS OF HOPE INTERNATIONAL

JOB DESCRIPTION

Position:	Physiotherapist
Reports to:	Therapy Lead
Works Closely With:	Occupational Therapist, Speech and Language Therapist, Special Education Lead, Life Skills Lead, Family Services Lead, Spiritual Formation Lead, Disability Centre Manager
Department:	Disability Centre
Location:	Disability Centre – Baba Dogo

Job Purpose

The Physiotherapist provides assessment, treatment, and rehabilitation services to children with disabilities to improve mobility, functional independence, physical development, posture, strength, balance, and participation in daily activities. Working within a multidisciplinary team, the Physiotherapist develops individualized intervention plans that support each child's participation at home, school, and in the community. The role is guided by evidence-based practice, family-centred care, and the Christian values of compassion, dignity, service, and excellence.

Key Responsibilities

1. Assessment

- Conduct comprehensive physiotherapy assessments.
 - Assess gross motor development.
 - Evaluate muscle strength, tone, posture, balance, coordination, gait, and range of motion.
 - Identify functional limitations and rehabilitation needs.
 - Develop individualized treatment goals.
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2. Intervention

- Develop and implement individualized physiotherapy treatment plans.
 - Deliver therapeutic exercises and movement-based interventions.
 - Improve functional mobility and physical independence.
 - Support positioning, transfers, balance, gait training, and mobility.
 - Recommend appropriate therapeutic equipment and assistive devices.
 - Monitor progress and modify interventions as required.
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3. Collaborative Care

- Participate in multidisciplinary assessment meetings.
 - Contribute to Individual Support Plans (ISPs) and Individual Education Plans (IEPs).
 - Work closely with teachers to support participation in classroom activities.
 - Collaborate with occupational therapists, speech therapists, psychologists, and other professionals.
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4. Family Education

- Educate parents and caregivers on home exercise programs.
 - Demonstrate safe handling and positioning techniques.
 - Provide guidance on preventing secondary complications.
 - Encourage family participation in therapy goals.
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5. Documentation

- Maintain accurate clinical records.
- Prepare assessment reports.

- Document treatment plans and progress notes.
 - Complete required statistical and program reports.
 - Maintain confidentiality of all client information.
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6. Health and Safety

- Ensure safe use of therapy equipment.
 - Report equipment requiring repair or replacement.
 - Maintain infection prevention and control practices.
 - Promote safe therapeutic environments.
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7. Community and School Support

- Support inclusion of children in educational and community settings.
 - Participate in outreach programs where applicable.
 - Advocate for accessibility and participation of children with disabilities.
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8. Professional Development

- Participate in continuing professional development.
 - Keep current with evidence-based physiotherapy practices.
 - Attend staff meetings, clinical supervision, and training sessions.
 - Participate in quality improvement initiatives.
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9. Faith and Mission

- Demonstrate Christ-like compassion, respect, and integrity in all interactions.
 - Treat every child as a person of inherent dignity and God-given potential.
 - Participate in staff devotions and faith-based activities where appropriate.
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Qualifications

Education

- Diploma or Bachelor's degree in Physiotherapy from a recognized institution.

Registration

- Registered with the Physiotherapy Council of Kenya or a relevant regulatory body.
 - Valid practicing license.
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Experience

- Experience working with children is desirable.
 - Experience in paediatric rehabilitation is an added advantage.
 - Experience working with children with developmental disabilities is preferred.
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Knowledge

- Child growth and development
 - Paediatric physiotherapy principles and practice
 - Developmental, neurological, musculoskeletal, and orthopedic conditions affecting function
 - Assistive technology, adaptive equipment, and mobility devices
 - Family-centered care
 - Safeguarding, child protection, and ethical practicing
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Competencies

Clinical Competencies

- Assessment skills
- Clinical reasoning
- Treatment planning

- Manual therapy techniques
- Therapeutic exercise prescription
- Functional rehabilitation

Communication

- Excellent interpersonal skills
- Ability to explain interventions to families
- Strong documentation skills
- Effective multidisciplinary collaboration
- High level of motivation, commitment to Christian values and professionalism.